

UUFCA RESOURCE GUIDE FOR ANYONE FACING FOOD INSECURITY

Below please find a list of a few area programs that provide either a free food pantry or meal service to anyone in need. **NeighborImpact** has a much more comprehensive list that serves the three counties in Central Oregon. That information is also listed below

The Giving Plate

1245 SE 3rd St C7, Bend, OR 97701 (access is behind the building)
541-797-6883

The Giving Plate has an extensive free food pantry for shopping but during COVID, is now providing food boxes to individuals and families in the Bend, La Pine, and Sun River areas. They also provide sack lunches for children.

Hours: Thursday and Friday 10:00am-4:00pm; Saturday 10:00am-2:00pm

St. Vincent De Paul

950 SE 3rd Street, Bend OR 97702
541-389-6643

St. Vincent de Paul provides food boxes with enough groceries to prepare meals for 5 days to eligible individuals and families. Food boxes are available every 30 days. They serve everyone with dignity and respect.

Hours: Monday-Thursday 10:00am-2:00pm and Monday 4:00 pm-7:00 pm

Their Redmond branch is located at:

651 SW Veteran's Way in Redmond, Oregon.

Hours: Wednesday and Thursday - 10:00am - 2:00 pm
(Food delivery available upon request. Call 541-923-5264)

Family Kitchen

231 NW Idaho, Bend, OR 97701
541-382-5542

Family Kitchen is located in the Trinity Episcopal Church. They serve anyone in need of a nutritious meal, in a friendly and safe environment. No questions asked. They serve 8 meals every week. Meals are currently packaged and to-go. They look forward to serving meals family style, inside, when it is safe to do so.

Hours: Lunch Monday, Wednesday, Friday 11:00am-12:30pm;
Lunch Saturday 11:30am-12:30pm;
Dinner Tuesday, Thursday, Friday 5:00pm-6:30 pm

Meals on Wheels

Meals on Wheels home-delivery is continuing uninterrupted using a safe, non-contact delivery method during the COVID-19 pandemic. To be eligible, older adults need to be aged 60 or over and either be home-bound or have difficulty shopping or cooking for themselves.

Case managers from Central Oregon Council on Aging (COCOA) are doing the assessments over the phone to determine eligibility for the Meals on Wheels program as well as many other programs they can offer seniors in the tri-county area. To learn about getting onto the Meals on Wheels program call: [**\(541\) 678-5483**](tel:5416785483).

Nativity Lutheran Church

60850 Brosterhous Rd Bend, OR 97702
(541) 388-0765

Nativity Lutheran Church has a Food Pantry that is open on Tuesdays every week. One need not be a member of the church. There is so no paperwork to fill out and no questions asked. People can access this Food Pantry once a month.

COCC Community Cabinet

Due to campus closure, Bend campus food bags are available by reservation. Please contact Student Life [**gprice3@cocc.edu**](mailto:gprice3@cocc.edu) or ASCOCC [**ascocc.internal@cocc.edu**](mailto:ascocc.internal@cocc.edu). Free food bags will also be available on the COCC Redmond, Madras and Prineville Campuses. Visit your campus main desk for more information. Recipients must be a registered student at Central Oregon Community College.

NeighborImpact's Food Bank is the regional affiliate of Oregon Food Bank

NeighborImpact's Food Bank collects and distributes over 3 million pounds of food to 47 local agencies in Crook, Deschutes and Jefferson counties and to the Confederated Tribes of Warm Springs. The emergency food sites that receive food from the Food Bank feed over 25,000 individuals every month. Residents can access food from their Partner Agencies in Bend, Redmond, Sisters, Prineville, Madras, Sunriver and La Pine.

They have a wonderful website: [**https://www.neighborimpact.org/get-help/get-food/**](https://www.neighborimpact.org/get-help/get-food/) Information regarding specific food pantries, meal sites, free food markets and mobile food pantries all over Central Oregon is at the bottom of this web page. It's important to call before going as hours and services may have changed.